

What is a Chartered Physiotherapist?

A Chartered Physiotherapist is qualified in treating /healing injuries and disease by the use of the bodies own natural healing process, without the use of any drugs or medication other than that prescribed by a doctor.

Recognising a trained and qualified physiotherapist?

All Members of the Chartered Society of Physiotherapy (M.C.S.P) and State Registered Physiotherapists (S.R.P) have undergone the required training and passed the necessary state recognised examinations to permit them to practice within the National Health Service.

Conditions treated by a Chartered Physiotherapist?

In most surgical and medical conditions Physiotherapy can play a vital part in pain relief , healing and rehabilitation. Listed below are just a few of the many conditions where physiotherapy has been shown to be beneficial

Spinal Problems such as slipped discs, back pain, sciatica, lumbago, stiff painful neck.

Joint Problems; arthritis, injury, pain/swelling/stiffness in joints such as shoulders, elbows, wrists, hips, knees ankles.

Injuries to muscles, ligaments, tendons, sprained ankles , dislocation

Fractures; treatment may be applied during the healing process or to restore function once the bones have healed.

Diseases of the Nervous System such as strokes, Multiple Sclerosis, Parkinson's, Shingles, Cerebral Palsy, Spasticity .

Chest complaints such as Pneumonia, Cystic Fibrosis, Bronchitis, Asthma, Bronchiectasis

Gynaecological conditions such as Stress-Incontinence

Posture & Relaxation for stress induced conditions such as hyperventilation.

What type of treatments are used by Chartered Physiotherapists?

Chartered Physiotherapists use numerous methods of treatment to help in pain relief and healing. Such skills include manipulation, mobilisation, massage and exercise. These are often aided by the use of intricate electronic and electrical equipment. Preventive medicine is very important in physiotherapy and time will be spent teaching patients how to avoid a recurrence of their problem.

What is the best form of treatment?

The Chartered Physiotherapist will make a full diagnosis once they have investigated the nature and actual site of the problem. After a full consultation the Chartered Physiotherapist will decide on the best form of treatment to be undertaken.

What is the distinction between Chartered Physiotherapy and “alternative” forms of healing?

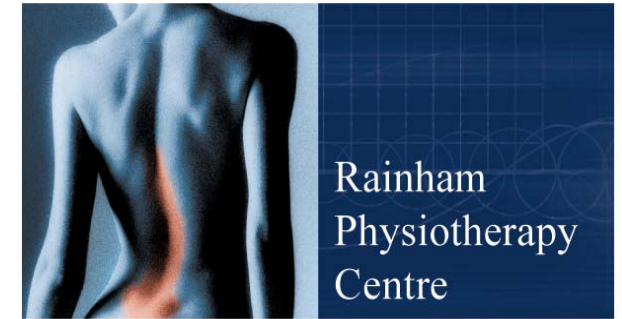
Many of the fundamental theories and principles which govern them are standard practice, although therapies differ widely. Chartered Physiotherapy is the “orthodox alternative”.

Can I receive private treatment by a Chartered Physiotherapist?

Yes. Anyone can receive private treatment from a Chartered physiotherapist in private practice. Most private medical insurance schemes provide cover for physiotherapy only when it is given by a Chartered and/or State Registered Physiotherapist.

Do I have to be referred by my doctor?

No, not necessarily. A Chartered physiotherapist may be consulted without a doctor's referral, but information regarding your diagnosis and treatment would be sent to your doctor by the Chartered Physiotherapist.



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PHYSIOTHERAPY & YOU

Your questions answered

